

The Healing Post

Proudly Presents

The Holistic Lifestyle Event



Doncaster Deaf School

Saturday 28th March & Sunday 29th
March 2020



Saturday 28 March



A Programme of Talks

Eastfield Room

10.15 – 11.00 **Joanne Csaszar – Demonstration of Mediumship.**

- With her dedication to Spirit along with 30 years of demonstrating mediumship to audiences, Joanne delivers evidence of continued existence as she advocates on behalf of Loved Ones in Spirit.

11.15 – 12.00 **Stephen Kirkbride – Vibrant Health.**

- Simple habits to Supercharge Your Health. Learn some very simple natural habits and recommendations (41 in total) that will nourish your body and help you systematically create vibrant health.

12.15 -1.00 **Tracy Poskitt – Expand Your Psychic Mind.**

- Use the power of Numerology to enhance your health and well-being. Learn how you can work with specific information encoded in your name and date of birth to improve your general health in a way that works best for you personally.

1.15 – 2.00 **Erick Henderson – from Northstar Crystals.**

- All manner of health problems from insomnia, depression and chronic pain to more serious conditions are sometimes claimed to be helped by carrying or wearing a crystal. All in the mind? We investigate what works, what doesn't and why.

2.15 – 2.45 **Tracy Rockchick Gray – Signs That You Are Awakening (Pt 1).**

- Recognising and understanding feelings of separateness in the heightening of your spiritual vibration in a holographic universe.

2.50 – 3.20 **Linda Clark of The Spotted Dog Flower Company**

- Linda is an experienced artisan flower grower and florist. She grows eco-friendly flowers and will share her experiences of small scale flower farming and how growing flowers for cutting can enhance your life on whatever scale it is undertaken.

Event Host Jane Cailey-Booth



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Saturday 28 March



A Programme of Demonstrations & Workshops

Main Hall for Adults and Children

10.30 – 11.00 ***Cara Amirah – Demonstration of Tai Chi.***

- A demonstration of Elemental Tai Chi with audience participation.

11.15 – 11.45 ***Me and Qi Gong – Demonstration of Qi Gong.***

- A demonstration of Qi Gong with Meg Allen where visitors are encouraged to take part.

12.00 – 12.45 ***Inner Sunshine – Family Yoga.***

- Adults and children Yoga class.

1.00 – 2.00 ***Rose & Donna – Belly Dancing Workshop.***

- A workshop with audience participation

2.00 – 2.30 ***Inner Sunshine – Family Yoga.***

- Adults and children Yoga class.

2.45 – 3.15 ***Me and Qi Gong – Demonstration of Qi Gong.***

- A demonstration of Qi Gong with Meg Allen where visitors are encouraged to take part.

3.30 – 4.00 ***Family meditation***

- End the day with a relaxing family meditation

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Sunday 29 March



A Programme of Talks

Eastfield Room

10.30 – 11.15 **Ken Haikin – Drumming.**

- Begin your day with the uplifting and healing energies of the drumming. Plenty of spare drums and everyone is welcome including children!

11.30 – 12.00 **Elaine Haikin – Guides, Helpers and Protection.**

- Elaine describes her own personal experiences and will be channelling answers as to how to get foundations in place when serving Spirit.

12.15 -12.45 **Woodland Trust – Standing up for Trees.**

- A presentation to raise awareness of both the importance and value of ancient and native woodland, encouraging people to find out about and visit their local woodland, and how this promotes wellbeing, plus find out about the practice of Shinrin yoko (Forest bathing)

1.00 – 1.45 **Tracy Poskitt – Psychic Offerings.**

- Tracy will be demonstrating clairvoyance mediumship and her unique Soul Pocket therapy. A lucky member of the audience will receive one of Tracy's Affirmation Packs.

2.00 – 2.30 **Tracy Rockchick Gray – I am Infinite Possibilities (Pt 2).**

- Gnosticism, Archons, awareness of and breaking free from oppression.

2.45 – 3.30 **John Richardson – Past Life Regression & Spiritual Connections.**

- Including John's fascinating demonstration showing you why hypnosis is nothing to fear! John Richardson has been a professional stage hypnotist and holistic hypnotherapist for many years and his now 'legendary' talks and demonstrations are packed with information and fun...yes fun! You will soon see all the benefits of hypnosis and how hypnotherapy can help you...yes you!

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Sunday 29 March



A Programme of Demonstrations & Workshops

Main Hall for Adults and Children

10.30 – 11.00 ***Inner Sunshine – Family Yoga.***

- Adults and children Yoga class.

11.15 – 11.45 ***Me and Qi Gong – Demonstration of Qi Gong.***

- A demonstration of Qi Gong with Meg Allen where visitors are encouraged to take part.

1.00 – 2.00 ***Ibbertson Dance – Salsa/Merengue.***

- A workshop for adults and children

2.45 – 3.15 ***Me and Qi Gong – Demonstration of Qi Gong.***

- A demonstration of Qi Gong with Meg Allen where visitors are encouraged to take part.

3.30 – 4.00 ***Family meditation***

- End the day with a relaxing family meditation

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Mark Olly



Mark Olly is a writer, TV presenter, public speaker, lecturer, and archaeologist with over 30 years' experience working in history, media, and the arts.



Saturday 28 March – Eastfield Room

3.30 – 5.00 – The Life and Times of the Real Robyn Hoode

The Life and Times of the Real Robyn Hoode revealed for the first time with lots of new discoveries, archaeological and historical evidence, dates and sites, the real 'Maid Marian and the Merry Men', how and why his area of operation appears so?.

The First Northern King Arthur Conference with Mark Olly

27 June 2020

10.00am - 5.00pm

Join Mark on his 2020 UK Tour. Mark will be returning to Doncaster in June for a fun, informative day discovering the history, legend, life and times of the real King Arthur.

This will be the first and only King Arthur Northern Conference by Mark on this tour and The Healing Post is proud to have this exclusivity.

Check our website for details and booking information.

<https://www.thehealingpost.co.uk/king-arthur>



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Exhibitors

Acorn Curiosities – Mark Oly – antiques, curiosities and world goods
Alcyone Dreams – Tracy Rockchick Gray
Angelic Minds – Debbie Harris
Arbonne – Deborah Aitken – Health and Nutrition
Animal Communication – Lisa Ball – messages from your pets using a photo

Be well With Ollie – Shellie (Children's Mental Health)

Bonds n Bladez – Fiona Marie Pearson – hair braiding/plaits

Bach Flower Remedies – Maggie Evans

Cara Amirah – Henna Tattoos and CBD Oils

Chris Ede – Rune Reader

Diane Wright – Spirit Artist. Medium channelling spirit through trance and art

Emotional Freedom Techniques – Darlene Stanton

Elaine Hakin – Reader using all Clairs and working directly with Spirit

Earth Gems – Selina Baggaley – Handmade gifts for all occasions.

Eternity – Penny Watson – Natural hand crafted bath products

Forever Glass Art – Di Dawson – Stained Glass Items including angels and feathers

Feel Better Fast – John Richardson – Past Life Regression

Heather Wood – Spiritual Medium using tarot, ribbons and oracle cards

Inner Sunshine – Kerry Ackroyd- demonstrations of family/children's yoga

Ibberson Dance Studio – Dance Demonstrations

Julie Elizabeth – Tarot card and Rune Reader

Julie Plant – Reiki treatments

Know Thyself Numerology / Vibrant

Health – Stephen Kirkbride – Numerology, health and well-being

K.K. Eclectic – Karen and Kevin Woodcock – Dragons, Goth and Steampunk items

Linda Banks – Spiritual healing

Lin Myers – Aromatherapy oils/essences and Aromatherapy Therapist

Margaret's Inspirations – Hand-crafted jewellery and crystals

Madame Csaszar – Joanne Csaszar – Medium and Tasseography

Magnetix – Sam McHugh

Mariposa Massage – Maribel – Sports, Swedish and Indian Head Massage

Mel – Jay – Mel Jones – Silver and Gold Crystal Jewellery including bespoke items and Crystal Carvings

Mystical Shamaness – Wildkatt – offering trance healing tasters, smudging sage, Incense sticks, medicinal teas

Northstar Crystals – Erick Henderson – Natural Crystals, Atlantiante, gems and minerals for healing, meditation and development

Neales Yard – Marie Collins

Oraphim – Shungite Jewellery and gifts

Patt Pitt – Psychic Medium, Tarot and Colour Reader

Pam Shield – Tarot and Spiritual Guidance

Penny Chisholm – Advice and Information on Hypnotherapy

Qi Gong – Me and Qi Gong – Meg Allen with demonstrations of Qi Gong

Rick Paul – Psychic / Medium and Spiritual Counsellor using tarot and angel cards

Rose Best – Demonstration of Belly Dancing

Sanctuary Treatments – Chandu Solanki – Reflexology and Indian Head Massage

Sutton Healing Centre – Elaine Chadbourne – Reflexology and Reiki treatments

Susianna Crystal Cellar – Crystals, Himalayan salt lamps, pendulums, wands, palm stones

Sense the Senses – Chris Carey – Organic and ethically sourced incense, oils, candles, room fragrance

Shine with Ali – Alison Paraduik

Tracy Poskitt – International Natural Clairvoyant and Medium

Talismayc Artisan Creations – Craig Martin – Handcrafted talismans and jewellery

White Rose Beauty College – Information about courses

Woodland Trust – Inspiring a love for woods and trees

Yorkshire Air Ambulance – Raising awareness about the Charity

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The Healing Post

Hello

My name is Jane and I live in Doncaster with my husband Tony, my 22 year old son and our gorgeous **Siberian Husky, Keya!**

I organise and host the Holistic Lifestyle Shows and other events, talks, courses and workshops in this area. I am also a Reiki Master teaching to Master Level whilst offering Reiki treatments from The Healing Post Garden Room located at my home. I am also qualified in Access Bars and Energetic Facelifts, a form of energy healing and offer these from my treatment room. Enjoy my show and please if you see me stop and say "Hello".



Jane - Carley Booth

What's on at the Healing Post

Day Time Workshops

- Crystals & Crystal Healing Workshop 2 May 2020
- Spirit Art Workshop 16 May 2020
- How to Attract What You Want in Life 17 May 2020
- Workshops with WildKatt throughout the year

Evening Groups & Shares

- Spiritual Development Classes
- Reiki Shares
- Get to Know Your Crystals

Meetings

- Monthly Kindred Spirit Meetings – Awakening, Learning, inspirational talks and demonstrations

Check website for details as well as the latest information on Courses, Groups & Shares, Meetings and Events www.thehealingpost.co.uk

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